

## THE EFFECT OF TEMPERATURE, WATER HARDNESS, AND EXPOSURE TIME ON FLUORIDE TOXICITY IN THE AQUATIC ENVIRONMENT

Hamid Reza Shamsollahi,<sup>a</sup> Zahra Zolghadr,<sup>b</sup> Amir Hossein Mahvi,<sup>c,\*</sup>

Sara Sadat Hosseini,<sup>c</sup> Seyyed Nejat Mossavi<sup>c</sup>

Tehran, Iran

**SUMMARY:** Many studies have measured fluoride toxicity for aquatic organisms with various levels of water quality including the examination of spot samples and the presence of interfering factors. In the present study, the actual fluoride toxicity, the fluoride LC<sub>50</sub>, was determined without interfering factors present and then after modelling the effects of changes in temperature, water hardness, and exposure time. Fluoride toxicity decreased with increased water hardness and increased with increased temperature and exposure time. This information may help with industrial effluent discharge planning in recipient waters that have a high fluoride content so that fluoride toxicity can be avoided.

Key words: *Daphnia magna*; Fluoride bioassay; Fluoride LC<sub>50</sub>; Fluoride toxicity.

### INTRODUCTION

In the bodies of water, the toxicity of the fluoride ion (F) is related to several parameters, such as pH, temperature, and water hardness.<sup>1-2</sup> In unpolluted surface waters, F concentrations are usually 0.01–0.3 mg/L, although higher concentrations may occur in waters in volcanic areas.<sup>3-7</sup> Moreover, human activities can increase F in water resources by the discharge of industrial wastewaters into recipient waters.<sup>4,8-9</sup> The ingestion of high levels of F can cause dental and skeletal fluorosis<sup>10</sup> as well as damaging other organs including the kidney, liver, and brain.<sup>7</sup> In aquatic environments, a high level of F has acute and chronic toxic effects (e.g., growth reduction and even death) on organisms such as algae, plants, fish, and marine crustaceans.<sup>3,11-12</sup> Many studies have used bioassay methods with different aquatic organisms to determine F toxicity. The fluoride LC<sub>50</sub> was determined in these studies in the presence of constant amounts of various interfering factors.<sup>3, 13-14</sup> In the present study, the maximum toxicity of F in an aquatic environment was measured with and without the interfering factors of temperature, water hardness, and exposure time.

### MATERIALS AND METHODS

In determining the interactions between the interfering parameters, of temperature, water hardness, and exposure time, the study was performed in an aquatic environment at three different temperatures and four different levels of water hardness. The standard method was used for the measurement of hardness in

---

<sup>a</sup>Abadan School of Medical Sciences, Abadan, Iran; <sup>b</sup>Department of Biostatistics, Faculty of Paramedical Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran; <sup>c</sup>Department of Environmental Health Engineering, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran; <sup>d</sup>Center for Solid Waste Research, Institute for Environmental Research, Tehran University of Medical Sciences, Tehran, Iran; \*For correspondence: Amir Hossein Mahvi, Assistant Professor, Department of Environmental Health Engineering, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran; E-mail: ahmahvi@yahoo.com.

the prepared solutions.<sup>15</sup> *Daphnia magna* were collected from an aquatic environment and bred under standard conditions.<sup>15</sup> To measure the maximum toxicity of F (LC<sub>50</sub> and LC<sub>99</sub>), F solutions were prepared in ten concentrations from a stock solution by dissolving the desired amounts of stock solution in 100 mL Milli Q water. The stock solution was prepared by dissolving 2.21 g of NaF (99.99% purity) in 1 L Milli Q water. For each concentration, three 100 mL containers were prepared, comprising a control container and 2 test containers. Ten 10 *Daphnia* were then added to each container. The *Daphnia* mortality was recorded after 24, 48, and 72 hours of exposure. The pH values for all the solutions were 5.65–6.12. The toxicity test was repeated for the determination on F toxicity of temperature changes (12, 15 and 18°C) and water hardness (50, 100, 200, and 400 mg/L hardness as CaCO<sub>3</sub>). The selected levels for hardness and temperature were in the natural ranges of hardness and temperature occurring in water bodies.

The LC<sub>50</sub> and LC<sub>99</sub> of F were measured by probit analysis with SPSS software. The simultaneous influence of temperature, exposure time and water hardness changes on F toxicity were analyzed by 3 way ANOVA.

### RESULTS AND DISCUSSION

The LC<sub>50</sub> and LC<sub>99</sub> of F were initially measured after 24, 48, and 72 hours of exposure to F solution without any hardness. (Table 1.)

**Table 1.** LC<sub>50</sub> and LC<sub>99</sub> for *Daphnia* of fluoride (mg F/L) without the interference factor of water hardness

Exposure time in hours	LC <sub>50</sub> and LC <sub>99</sub> for fluoride	
	LC <sub>50</sub> (mg F/L)	LC <sub>99</sub> (mg F/L)
24 hr	54.9	126.3
48 hr	46.5	108.4
72 hr	38.7	92

The effect on the LC<sub>50</sub> of the interfering factors of water hardness and temperature are shown in Table 2.

**Table 2.** LC<sub>50</sub> for *Daphnia* of fluoride (mg F/L) in the presence of the interference factors of duration of exposure (24, 48, and 72 hr), temperature (12, 15, and 18 °C) and water hardness (50, 100, 200, and 400 mg/L CaCO<sub>3</sub>)

*Temperature		12°C			
**Water hardness	50	100	200	400	
LC <sub>50</sub> 24 hr (mg F/L)	43.78	83.65	103.45	99.88	
LC <sub>50</sub> 48 hr (mg F/L)	38.42	76.7	94.63	89.23	
LC <sub>50</sub> 72 hr (mg F/L)	33.86	64.33	83.56	78.37	
Temperature		15°C			
**Water hardness	50	100	200	400	
LC <sub>50</sub> 24 hr (mg F/L)	38.54	72.5	86.10	103.86	
LC <sub>50</sub> 48 hr (mg F/L)	34.42	65.38	77.52	96.74	
LC <sub>50</sub> 72 hr (mg F/L)	30.52	58.36	65.08	85.13	
*Temperature		18°C			
**Water hardness	50	100	200	400	
LC <sub>50</sub> 24 hr (mg F/L)	31.71	58.09	55.92	66.45	
LC <sub>50</sub> 48 hr (mg F/L)	29.24	47.52	49.79	59.4	
LC <sub>50</sub> 72 hr (mg F/L)	27.37	37.23	42.46	52.97	

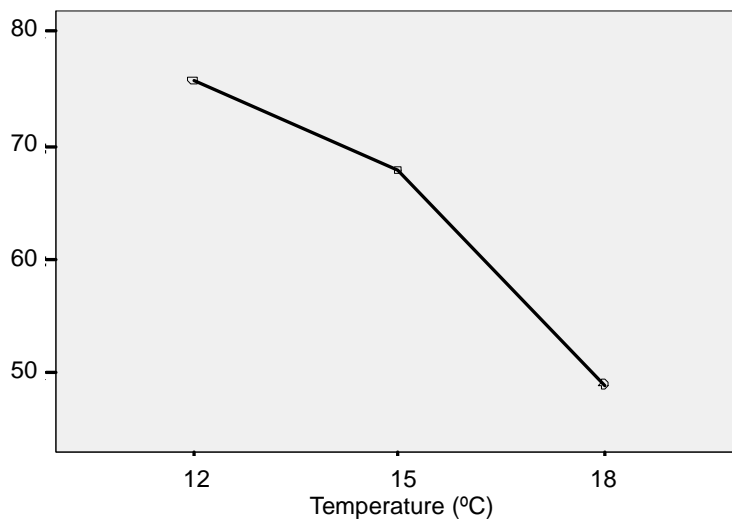
\* Temperature in °C; \*\*Water hardness in mg/L CaCO<sub>3</sub>.

The interfering factors of temperature, exposure time, and water hardness interacted significantly ( $p < 0.001$ ) in their effects on the LC<sub>50</sub> (Table 3). The trends of their effects on F toxicity are shown in Figures 1–3.

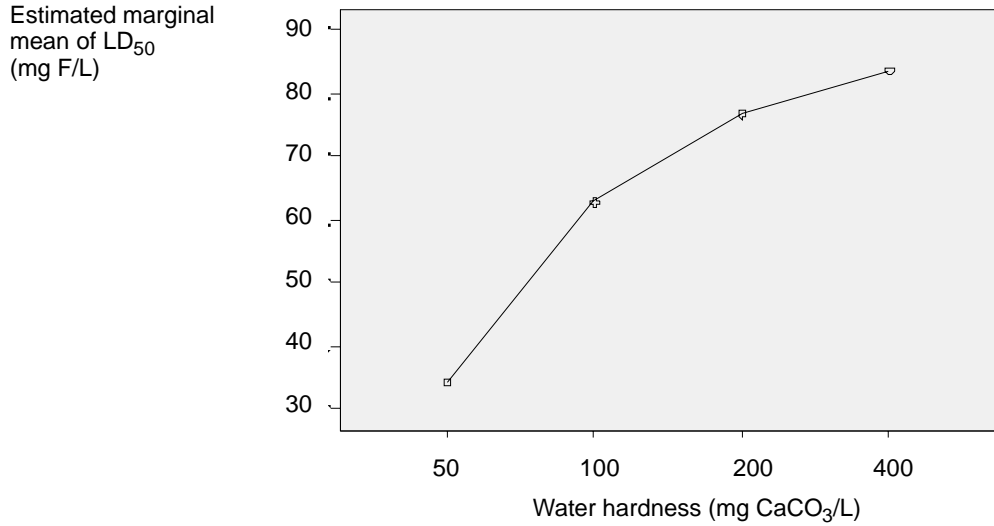
**Table 3.** The effects on the LC<sub>50</sub> for fluoride of simultaneous exposure to the interfering factors of temperature, water hardness, and exposure time. The data were obtained from 3 way ANOVA

Parameters	Levels	Mean LC <sub>50</sub> (mg F/L)	SD (mg F/L)	Meaningful coefficients	p value
Temperature (°C)	12	75.77	24.93	-	<0.001
	15	67.85	24.03	-7.923	
	18	49.07	15.25	-26.698	
Hardness (mg/L CaCO <sub>3</sub> )	50	34.21	5.24	-	<0.001
	100	62.64	14.40	28.433	
	200	76.58	18.01	42.373	
	400	83.49	19.17	49.282	
Exposure time (hr)	24	72.01	25.04	-	<0.001
	48	64.12	24.97	-7.892	
	72	56.56	21.48	-15.446	

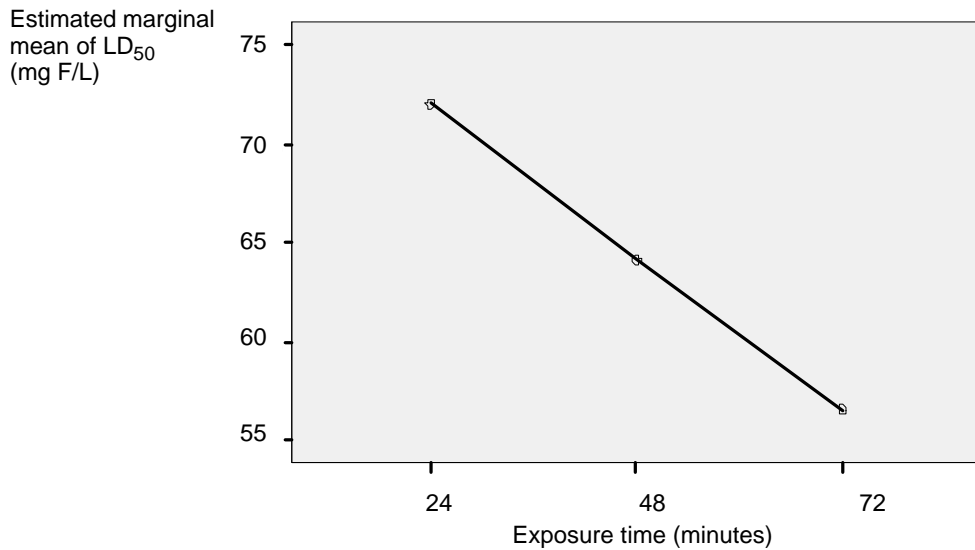
Estimated marginal  
mean of LD<sub>50</sub>  
(mg F/L)



**Figure 1.** Trend of the effect of the interference factor of temperature (°C) on fluoride LC<sub>50</sub> (mg F/L).



**Figure 2.** Trend of the effect of the interference factor of water hardness (mg CaCO<sub>3</sub>/L) on fluoride LC<sub>50</sub> (mg F/L).



**Figure 3.** Trend of the effect of the interference factor of exposure time (minutes) on fluoride LC<sub>50</sub> (mg F/L).

As shown in Figure 3, an increase in exposure time led to an increase in F toxicity and a reduction in LC<sub>50</sub> values. A direct relationship was also present between water temperature and F toxicity (Figure 1). This direct relation can be explained by the increase in the degree of ionic dissociation ( $\alpha$ ) of sodium fluoride with increased temperature. The resulting increase in the effective concentration of fluoride anions in solution leads to increased F toxicity. An inverse relationship was present between water hardness and F toxicity with the fluoride LC<sub>50</sub> increasing with increased water hardness (Figure 2). The formation of CaF<sub>2</sub> from the solution decreases the effective concentration of fluoride anions.

In the first part of the study, water hardness as an interfering factor was removed from the test solution so the determined toxicity level was the actual F toxicity. In the second part, the simultaneous influence of the interfering factors of temperature, water hardness, and exposure time on fluoride LC<sub>50</sub> were determined.

Most studies on F toxicity have often surveyed hardness and temperature affects on toxicity using spot samples.<sup>16-17</sup> In the presence of a constant level of hardness and temperature, fluoride LC<sub>50</sub> at 24 and 48 hours were reported to be 308 and 154 mg/L, respectively.<sup>12</sup> In a similar study, Dave et al. determined fluoride LC<sub>50</sub> values of 205 and 93 mg/L at 24 and 48 hours, respectively.<sup>18</sup> Also, Fieser et al. determined the influence of temperature on F toxicity after 24, 48, and 72 hours of exposure in the presence of a constant degree of hardness.<sup>19</sup>

Identifying conditions that maximize or minimize F toxicity is one of the capabilities of this method. In the present study, F toxicity was determined by applying interfering factors and studying their interactions. This is useful for industrial effluent discharge planning into recipient waters that have a high F content. Having knowledge of the features of the recipient water that affect F toxicity (e.g., temperature and hardness) can help in the determination of the local effluent discharge limits required for avoiding F toxicity effects. Also, some periodic or seasonal variations in water body features, such as water temperature, can cause major variations in the F toxicity level in the recipient water. Seasonal variations in the effluent discharge limits may be appropriate in order to allow for these seasonal changes.

#### ACKNOWLEDGMENT

The authors would like to thank the Institute for Environmental Research, Tehran University of Medical Sciences, Tehran, Iran, for their financial support.

#### REFERENCES

- 1 Barbier O, Arreola-Mendoza L, Del Razo LM. Molecular mechanisms of fluoride toxicity. *Chem Biol Interact* 2010;188(2):319-33.
- 2 Camargo JA. Fluoride toxicity to aquatic organisms: a review. *Chemosphere* 2003;50(3):251-64.
- 3 Ochoa-Herrera V, Banihani Q, León G, Khatri C, Field JA, Sierra-Alvarez R. Toxicity of fluoride to microorganisms in biological wastewater treatment systems. *Water Res* 2009;43(13):3177-86.

- 4 Mahvi AH, Zazoli M, Younecian M, Nicpour B, Babapour A. Survey of fluoride concentration in drinking water sources and prevalence of DMFT in the 12 years old students in Behshar City. *J Med Sci* 2006;6(4):658-61.
- 5 Boldaji MR, Mahvi AH, Dobaradaran S, Hosseini S. Evaluating the effectiveness of a hybrid sorbent resin in removing fluoride from water. *International Journal of Environmental Science and Technology* 2009;6(4):629-32.
- 6 Dobaradaran S, Mahvi AH, Dehdashti S, Dobaradaran S, Shoara R. Correlation of fluoride with some inorganic constituents in groundwater of Dashtestan, Iran. *Fluoride* 2009;42(1):50-3.
- 7 Mahvi AH, Zazoli MA, Younecian M, Esfandiari Y. Fluoride content of Iranian black tea and tea liquor. *Fluoride* 2006;39(4):266-8.
- 8 Dobaradaran S, Fazelinia F, Mahvi AH, Hosseini SS. Particulate airborne fluoride from an aluminium production plant in Arak, Iran. *Fluoride* 2009;42(3):228-32.
- 9 Dobaradaran S, Mahvi AH, Dehdashti S, Abadi DRV. Drinking water fluoride and child dental caries in Dashtestan, Iran. *Fluoride* 2008;41(3):220-6.
- 10 Mandinic Z, Curcic M, Antonijevic B, Carevic M, Mandic J, Djukic-Cosic D, Lekic CP. Fluoride in drinking water and dental fluorosis. *Sci Total Environ* 2010;408(17):3507-12.
- 11 Dobbs C. Fluoride and the environment. *Fluoride* 1974;7(3):123-35.
- 12 Leblanc GA. Interspecies relationships in acute toxicity of chemicals to aquatic organisms. *Environmental Toxicology and Chemistry* 1984;3(1):47-60.
- 13 McClurg TP. Effects of fluoride, cadmium and mercury on the estuarine prawn *Penaeus indicus*. *Water SA* 1984;10(1):40-5.
- 14 Dobaradaran S, Mahvi AH, Dehdashti S. Fluoride content of bottled drinking water available in Iran. *Fluoride* 2008;41(1):93.
- 15 Greenberg AE, Connors JJ, Jenkins D, American Public Health Association (APHA), American Water Works Association (AWWA), and Water Pollution Control Federation (WPCF). Standard methods for the examination of water and wastewater. 15th ed. Washington, DC: American Public Health Association (APHA); 1981.
- 16 LeBlanc GA. Acute toxicity of priority pollutants to water flea (*Daphnia magna*). *Bull Environ Contam Toxicol* 1980;24(1):684-91.
- 17 Hekman WE, Budd K, Palmer GR, MacArthur JD. Response of certain freshwater planktonic algae to fluoride. *J Phycol* 1984;20(2):243-9.
- 18 Dave G. Effects of fluoride on growth, reproduction and survival in *Daphnia magna*. *Comp Biochem Physiol C* 1984;78(2):425-31.
- 19 Fieser A, Sikora J, Kostalos M, Wu JC, Wejel DW. Effect of fluorides on survival and reproduction of *Daphnia magna*. *J Water Pollut Control Fed* 1986;58:82-6.